

WHAT ABOUT THE SPARE TIME IN CONCORDIA?

Everyone of us deals with very demanding activities so the whole day is full. Also during the long Antarctic night there was not been a decrease of our duties, on the contrary they've been more difficult because of the lack of light and the strong cold.

Really for this reason it's very important doing something different not to be always under stress and to relax both the mind and the physique.

Here in Concordia, it's easy to imagine, life is very particular. There isn't the TV (how luck!), we can't go outside in the evening, the landscape is only a big white expanse... so?

Obviously great part of our spare time is dedicated to communications (e-mail) with our relatives and friends at home, it's fundamental.

Lot of us have brought many books from home, reading is one of the favourite activities. Staying in the "cultural" field, the music is very successful: everyone likes listening to the music and some of us plays the guitar, the piano and the harmonica. In the station there are a lot of films (in French and Italian language), so also the cinema is an important amusement.

With the bricolage you can express your fantasy and you can be useful for the station, too.

We spend some time just talking between us, it's useful having an exchange of ideas at the end of the day.

One of the favourite thing, with no doubt we can mention it as the "official", is the calico balilla, or baby foot. In the station this tool allows to enjoy epic matches in the few time just after lunch (or dinner). And it's not necessary to insert coins, this particular is very appreciated!

In one of the two tower there is a little, but very comfortable, sport room. Here in Concordia the physical activity is important because epoxy conditions (we are more than 3000 metres above the sea level) alter the physiology of the organism at the point that, if we go to Tour de France or to Giro d'Italia, we will be disqualified just before the start for our aemathic values.